

Co-op Food's Shining Stars 2017 - transcript

Maria Govorusa, QS and Cost Team Manager, Estates

To be honest, I didn't know what to expect and I went in with my eyes wide open. I was just hoping it would help with my development.

Claude Birtwistle, Marketing Analysis Manager, Commercial Finance

I think the toughest piece of feedback I got was regarding how I humanize myself with other people. It wasn't something that I had expected. Ultimately, it was a very valuable piece of feedback about how I connect with people and how I build relationships with them. Understanding the impact I have on them and how I influence them as well.

Kim Eriksen, Customer Manager, Fresh Commercial

My fondest memory of Shining Stars has to be the residential week away. So we spent an entire week away from home, living together. It was so nice to get to know everybody and to get to know a bit more about yourself, what drives you, what makes you tick. That's definitely the one thing that I have the fondest memory of, making the network that remains of that week away.

Tom Brown, Area Manager

What really, for me, Shining Stars was all about was me. It was all about personal growth what really motivates me, what makes me want to come to work. And what I need to think about in terms of personal development and how I plan that going forwards.

Sadie Ashbee, Employee Relations Service Delivery Manager

I have experienced more things outside of my comfort zone over the course of the last year than I have in a long long while. And actually the feeling that you get when you're on the edge looking over is scary but actually really fulfilling. Absolutely for me it's about continuing to push myself because actually I can achieve so much more by putting myself in that space.

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