

## **Transcript for Shifts video**

I found out about shifts through my manager, it was really easy to do.

It definitely felt like everything was going to be easier, I'm going to know what I'm doing on my days off, on the days that I'm at work. I've got it three weeks in advance and I also know what other people are working as well. Because I have it right on my phone I can check my shifts whenever I want

So when I'm reviewing shifts I want to see which staff I have on which days, when I'm working myself. As a manager I like to know I can plan before my shifts and know who I've got in in the morning, who I'm going to have on bakery and I can see beforehand where I'm gonna put people. I can plan my hospital appointments and holidays and things like that, so it's much much easier.

So the staff in my store I think they found it quite easy to log on to start with. As long as their phone number was in TARA it's quite easy to use. Shifts being rolled out to all colleagues in the Co-op I think it's a really good idea. It's made my life so much easier and everyone else's life so much easier.

I think it's a really useful tool, I can't see why anybody wouldn't want to use it. It's so easy to use, it's so convenient, you know, you can just plan your life around it really.