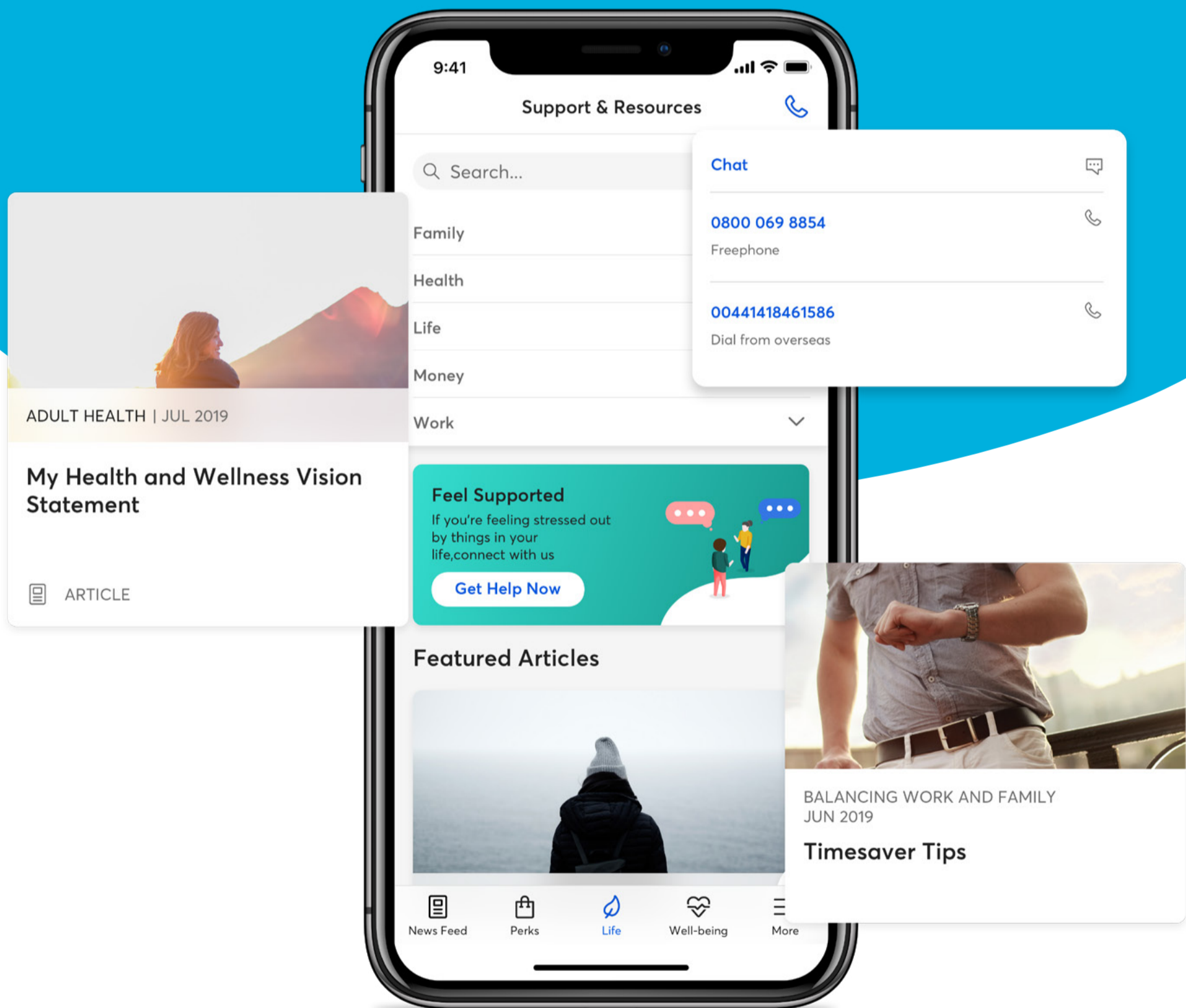


The Lifeworks app gives you access to confidential help and support, 24/7



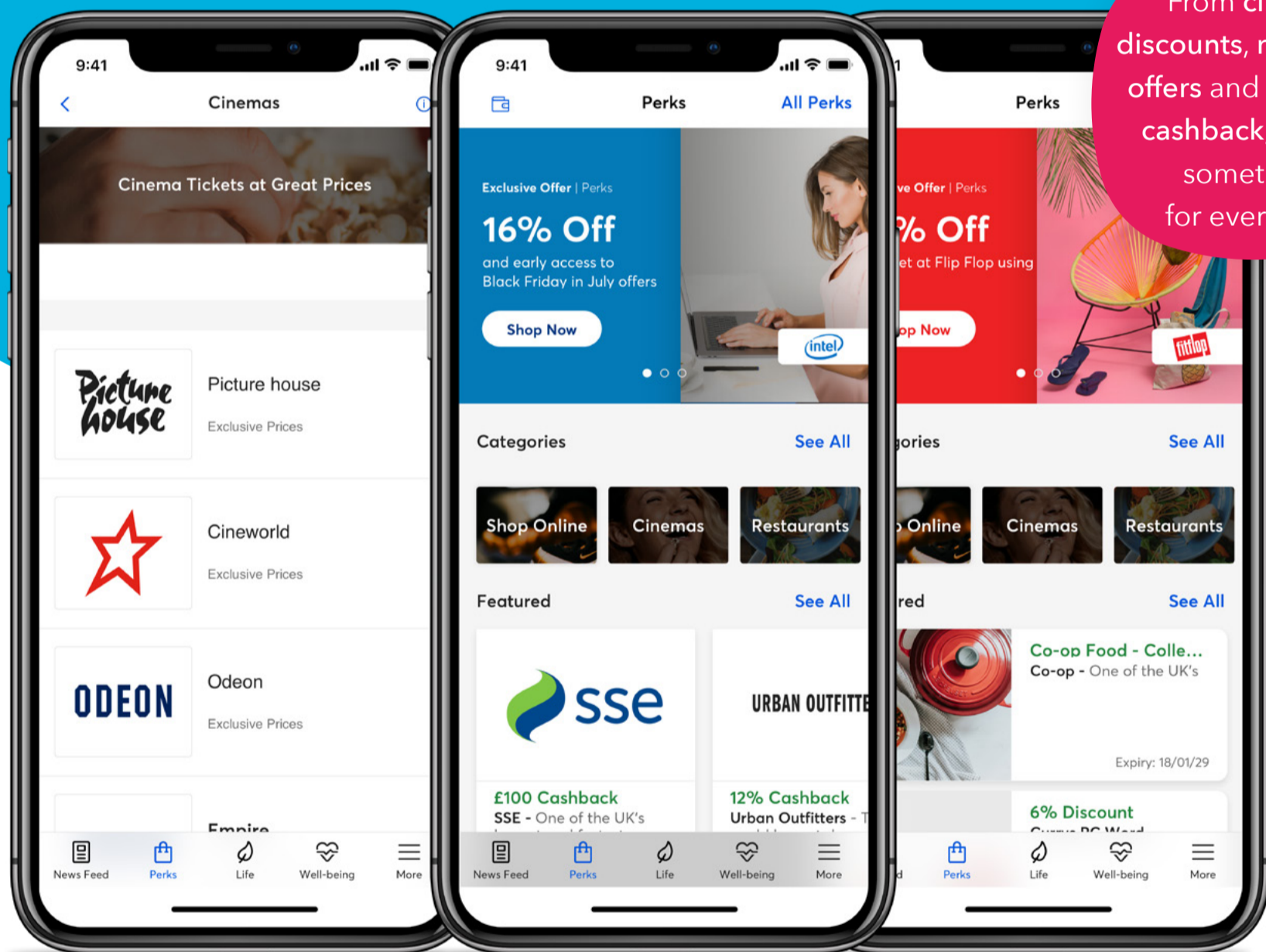
No matter what you're going through, your Employee Assistance Programme is here to help 24/7

Get easy-to-access support with mental health, fitness, family life, work issues, and instant perks & savings - they're all here. The LifeWorks app also makes it easier to access our **Co-op Employee Assistance Programme**, where you can talk to experienced advisers **in confidence 24/7**.

Download the LifeWorks app



The Lifeworks app gives you access to hundreds of perks, discounts and offers right at your fingertips



Make sure you're not missing out on these exclusive colleague offers!

Get easy-to-access support with mental health, fitness, family life, work issues, and instant perks & savings - they're all here. The LifeWorks app also makes it easier to access our **Co-op Employee Assistance Programme**, where you can talk to experienced advisers **in confidence 24/7**.

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